



**ESPA**  
EUROPEAN SPAS ASSOCIATION



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**A WAY OF LIFE**  
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<b>Presentation</b>	
Brief personal background	Olaf Timmermans is professor at HZ University of applied Sciences and University Antwerp. Specialized research domains are health promotion and enhancing healthy regions.
Title of the presentation	Health benefits of living and recreating in a coastal area: health and business opportunities using natural assets.

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